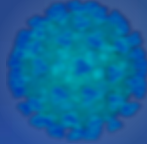


# 「COVID-19」



“We cannot say this loudly enough or clearly enough or often enough: All countries can still change the course of this pandemic”

—DR. TEDROS ADHANOM GHEBREYESUS, WORLD HEALTH ORGANIZATION'S DIRECTOR GENERAL





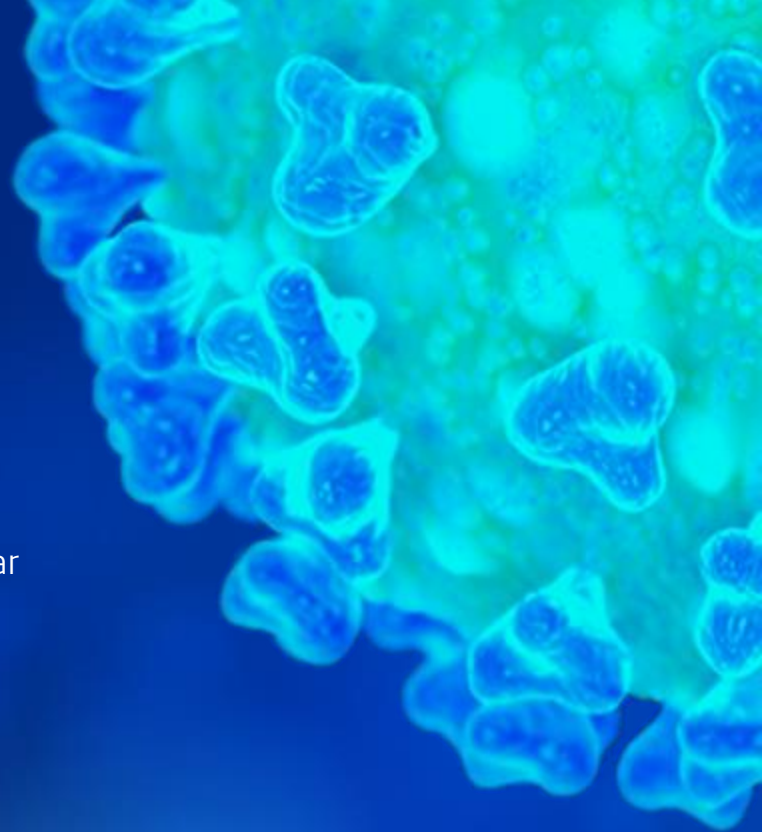
# COVID-19

COVID-19 is an infectious disease caused by the recently found virus known as SARS-CoV-2 (or coronavirus). Before the outbreak originated in Wuhan, China on December 2019, there was no information about this virus

# HISTORY

The oldest common ancestor of coronavirus has been dated as far back as the 9th century BC. Some studies published in 1990 specified the most recent common ancestors as follows:

- Betacoronavirus: 3300 BC
- Deltacoronavirus: 3000 BC
- Gammacoronavirus: 2800 BC
- Alphacoronavirus: 2400 BC



# SYMPTOMS OF COVID-19



## HIGH FEVER

The body temperature can exceed 37.3 Celsius degrees or 99 Fahrenheit degrees



## TIREDNESS

The body feels completely tired and without energy to perform normal tasks



## DRY COUGH

Irritation and constant coughing without expelling any mucus

# TRANSMISSION



## PEOPLE

This disease can spread from person to person through small droplets from the nose or the mouth when the infected person coughs or exhales



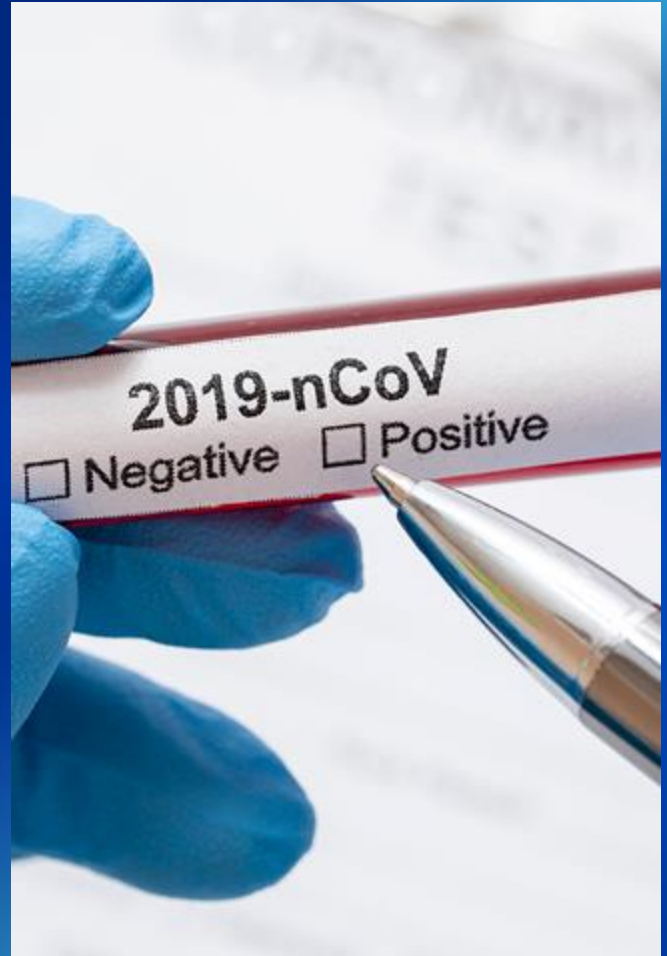
## SURFACES

These small droplets land on surfaces, which means any person that touches these surfaces and then their eyes, nose or mouth can become infected

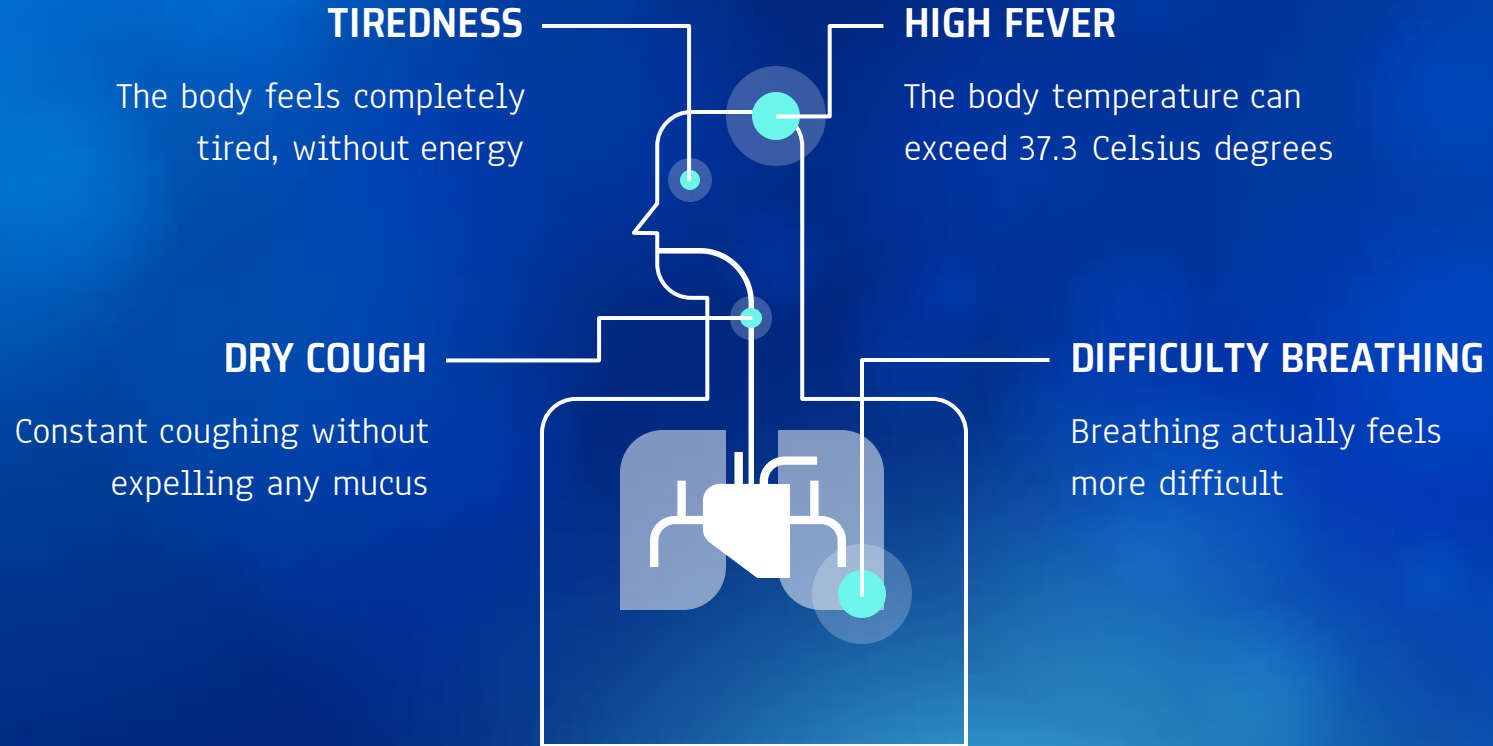


# ASYMPTOMATIC PEOPLE

Many people infected with COVID-19 show mild symptoms, especially during the first stages of the disease. Thus, you can still catch the disease from an infected person who only has a mere cough and does not feel ill



# INFOGRAPHICS





# WHAT TO DO IF YOU HAVE SYMPTOMS

## STEP 01

You have symptoms or have been in an infected area



## STEP 02

Call the designated phone number for your region



## STEP 03

You will be given a home test over the phone



# WHAT TO DO IF YOU HAVE SYMPTOMS

## STEP 04

Patiently wait for the  
results of the test



## STEP 05

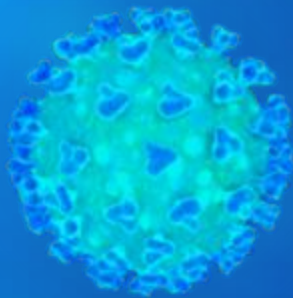
Follow the instructions  
provided by the doctor

**ABOUT 80% OF PEOPLE  
RECOVER FROM THIS  
DISEASE WITHOUT  
NEEDING SPECIAL  
TREATMENT**



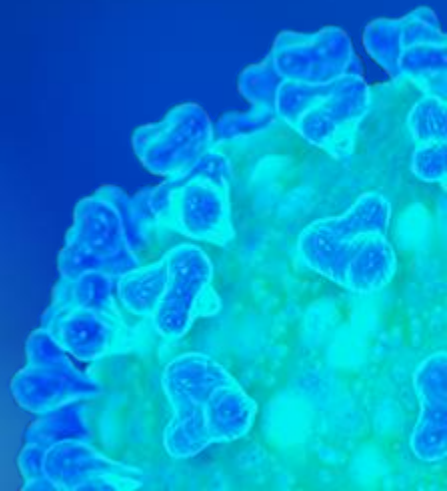
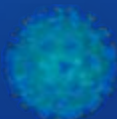
## 5 COUNTRIES WITH THE HIGHEST NUMBER OF CASES

	CONFIRMED	DEATHS
CHINA	80.000+	3,162
ITALY	12,462	827
IRAN	10,075	291
SOUTH KOREA	7,869	12
SPAIN	3,003	84

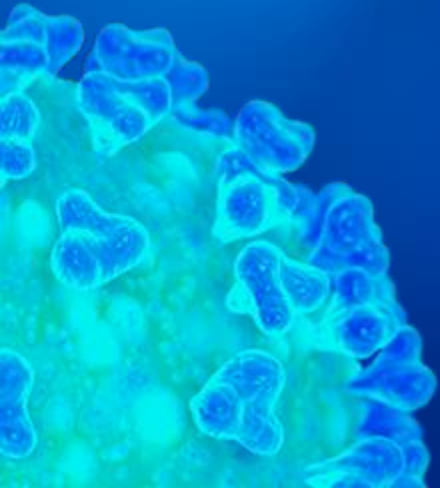


# **SOME PREVENTION MEASURES**

**Stay home, stay safe**



**ANTIBIOTICS DO  
NOT WORK  
AGAINST  
CORONAVIRUS**



# PROTECTING YOURSELF AND PREVENTING THE SPREAD OF THE DISEASE



Wash your hands with an alcohol-based sanitizer or with soap and water



Keep a distance of at least 1 meter between yourself and anyone who coughs or sneezes



Try your best not to touch your eyes, your nose and your mouth



Cover your mouth and your nose with your bent elbow or a tissue when coughing



Seek medical attention if you have difficulty breathing and a high fever



Follow the directions of your national or local health authorities



# PROTECTION MEASURES FOR PEOPLE THAT ARE IN OR VISITED INFECTED AREAS

**01**

Stay home if you do not feel well, even if you feel mild symptoms such as headaches, slight fever and a runny nose

**02**

If you need to go out (for example, to buy food or supplies), wear a mask to minimize the risk of infecting others

**03**

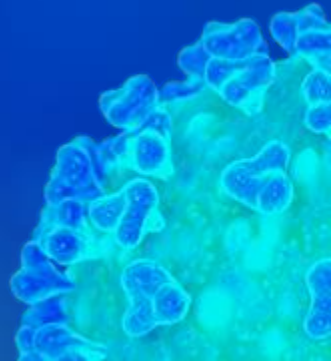
If you have difficulty breathing and/or a high fever, seek medical advice as soon as possible


**04**

Call your provider and inform them of any recent travel, especially to countries with reported cases


# HOW TO USE A MASK

- Before wearing a mask, wash your hands with an alcohol-based disinfectant or with soap and water.
- Cover your mouth and nose with the mask and make sure the mask is firmly pressed against your face.
- Do not touch the mask while you are wearing it; if you do, wash your hands with an alcohol-based disinfectant or with soap and water afterward.
- Replace the mask as soon as it gets wet and do not reuse disposable masks.
- Remove the mask from behind (do not touch its front side); throw it away in a closed container and then wash your hands with an alcohol-based disinfectant or with soap and water.





# THANKS!



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