

Submitted by:

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Official name

Disease

Coronavirus disease (COVID-19)

Virus

Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)

- Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus
- Most people infected with the COVID-19 virus will experience mile to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying
- medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO will continue to provide updated information as soon as clinical findings become available.

To prevent the spread of COVID-19:

Clean your hands often. Use soap and water, or an alcohol-based hand rub.

Maintain a safe distance from anyone who is coughing or sneezing.

Don't touch your eyes, nose or mouth.

Coveryour nose and mouth with your bent elbow or a tissue when you cough or sneeze.

Stay home if you feel unwell.

If you have a fever, a cough, and difficulty breathing, seek medical attention. Call in advance.

Follow the directions of your local health authority.

Avoiding unneeded visits to medical facilities allows healthcare systems to operate more effectively, therefore protecting you and others.

Practise food safety

Use different chopping boards and knives for raw meat and cooked foods





Wash your hands between handling raw and cooked food.



Common symptoms

FEVER
TIREDNESS
DRY COUGH

SOME PEOPLE MAY EXPERIENCE:

ACHES AND PAINS
NASAL CONGESTION
RUNNY NOSE
SORE THROAT
DIARRHOEA

 $\underline{On average it takes 5-6 \, days from \, when \, someone \, is infected \, with \, the \, virus for \, symptoms \, to \, show, however \, it can \, take \, up \, to \, 14 \, days.}$

<u>People with mild symptoms who are otherwise healthy should self-isolate. Seek medical attention if you have a feve a cough, and difficulty breathing. Call ahead.</u>

STAY HOME SAVE LIVES

Help, stop coronavirus

1

STAYhome

2

KEEPa safe distance

3

WASHhands often

4

COVERyour cough

5

SICK?Call the helpline